Become a Certified Tai Chi Easy™ Practice Leader!



JANUARY 25 - 30, 2015

LA CASA DE MARIA, SANTA BARBARA, CA

The Tai Chi Easy™ Practice Leader Certification Training is perfect for beginners and experienced Tai Chi and Qigong practitioners alike, whether you want to be a teacher or learn Tai Chi Easy™ for your own benefit.

Research has proven that regular Tai Chi and Qigong practice:

- Improves sleep quality, balance and coordination
- Improves everyday physical functioning and quality of life and reduces stress
- Balances mind and body and prevents illness

Early Registration Discount Through December 12, 2014

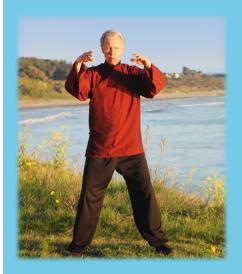
Phone 805-617-3390

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Web http://iiqtc.org/taichi



HEALTH • VITALITY • INNER PEACE

Dr. Roger Jahnke, Doctor of Traditional Chinese Medicine and the creator and lead trainer of Tai Chi Easy™, has dedicated his professional life the ancient healing traditions of China. A master teacher of Qigong and Tai Chi and Director of the Institute of Integral Qigong and Tai Chi (IIQTC), Dr. Jahnke is the author of The Healer Within and The Healing Promise of Qi.



PLUS --

Introducing Certified Qigong and Tai Chi Teacher, Jessica Kolbe, the new Co-Leader!

22.5 Nursing CE Available