



## IIQTC Evolution 2019: Choose Your Own Adventure

### ReUnion Frequently Asked Questions

1. When and where is the II ReUnion 2019?

II ReUnion 2019 will be held **Friday, April 12**, through **Monday, April 15, 2019**. Click here for more information <http://iiqtc.org/reunion>

2. How do I **register** for the ReUnion?

Click here to register, <http://iiqtc.org/reunion-register>

3. What is included in my registration?

Your registration includes access to all ReUnion activities, lodging (except Commuters), and meals (Friday, dinner; Saturday and Sunday, breakfast, lunch and dinner; and Monday, breakfast and lunch). All meals are vegetarian.

4. Where is (and how do I get to) the **Ancient Yoga Center** (AYC)?

Ancient Yoga Center  
Radha Madhav Dham Ashram  
207 Barsana Ave.  
Austin, TX 78737

Click here for more information about and **directions to AYC** <http://iiqtc.org/AYC>

5. What are the **check-in and check-out times** at the AYC for the ReUnion?

**Check-in, 4:00 pm**, Friday, April 12.

**Check-out, before 2:00 pm**, Monday, April 15.

6. Will there be a Ride-Share board?

Participants are encouraged to use the II Qi Family Facebook page to arrange ride shares. All participants will be asked to complete a Travel Itinerary. Ancient Yoga Center requires that we gather that information. Here is the link to the travel form.

<https://goo.gl/forms/WHBqHAol6Fhw4gU22>

7. Can I attend the **Level 3 Non-Talent Show** on Thursday night, April 11?

Yes, all ReUnion registrants are invited to attend the Level 3 Non-Talent Show, however, they will have to arrange lodging for Thursday night somewhere else as there will be no vacancies at the AYC.

8. How do I submit a **presentation proposal**?

Click here to submit a presentation proposal,

[https://docs.google.com/forms/d/1c3i3VRHjkwPJaPhVE4FUEHGBVoeRifnergpREEQsl14/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1c3i3VRHjkwPJaPhVE4FUEHGBVoeRifnergpREEQsl14/viewform?edit_requested=true)

9. How do I **join a work team** to volunteer before and during the ReUnion?

Click here to join the planning and implementation team,

[https://docs.google.com/forms/d/1pOEnS3NiOr\\_W6UT54CSZZIy\\_dpwOOyEt9rHARIA0oqg/edit?ts=5bf19808](https://docs.google.com/forms/d/1pOEnS3NiOr_W6UT54CSZZIy_dpwOOyEt9rHARIA0oqg/edit?ts=5bf19808)

10. Still have questions about **lodging**?

Contact [iiqtcreunion2019@gmail.com](mailto:iiqtcreunion2019@gmail.com), re: LODGING

11. Still have questions about the **program**?

Contact [iiqtcreunion2019@gmail.com](mailto:iiqtcreunion2019@gmail.com), re: PROGRAM

12. Can I contact Ancient Yoga Center (AYC) directly to secure extra nights of lodging, either before or after the ReUnion?

We ask that our participants do not contact AYC directly nor to contact IIQTC Headquarters to get extra nights of lodging at AYC. Priority is being given to Level 3 registration which occurs in the 7 day period before the ReUnion.

13. What should I bring with me to the ReUnion? Are there any guidelines we need to follow?

**What to Bring (optional, suggested items):**

- Bathrobe or some kind of cover up - if staying in a room that uses the shared bathroom facilities located just down the hall from your room
- Soft-soled bedroom slippers - to be worn indoors. It is traditional that outdoor shoes are not worn inside any of the buildings.
- Slip-on shoes - for walking between buildings, as they will be removed prior to entering the facilities
- Ear plugs - if you are sharing a room with others
- Walking shoes of you plan to walk our many trails
- Hair dryer if you use one
- Laundry facilities are on site at no charge.
- Flashlight - especially helpful when sharing a room
- Alarm clock - one alarm clock is provided in each room
- Personal toiletries and any prescription medications.
- If you are planning to visit from November to April, bring suitable clothing for mild to cold weather.
- If you are planning to visit from April to November, bring suitable clothing for mild to hot weather.
- If you would like to visit the Temple or attend any optional Temple program please bring comfortable, modest clothing that will cover your legs and chest. If you will be wearing yoga pants, please wrap a sarong or shawl around your waist.
- While walking around the ashram grounds, please refrain from wearing short shorts. Shorts at or just above the knee are suitable. Sports bras should be covered with a t-shirt. This restriction does not apply when inside the yoga/meeting spaces.
- If you would like to bring any vegetarian food items or snacks, there is a small refrigerator in the Ancient Yoga Center. In addition to meals, tea, fruit and snacks are always available. *Any non-vegetarian food is not permitted on the premises.*
- To enhance your retreat experience and to preserve the ashram atmosphere, we maintain a smoke-free, alcohol-free and recreational drug-free environment.
- Reverse osmosis water is available in common areas throughout the ashram and Ancient Yoga Center. You may wish to bring a water bottle for your personal use. Glass bottles are available for purchase in the Ancient Yoga Center gift shop.
- Linens and towels are provided.

14. What will the weather be like in Austin?

Austin is known for its frequent weather changes. Warm weather is typical from April to October, with July and August bringing the hottest daytime temperatures. Winter is

usually moderate, with variable temperatures ranging from mild, to cool to cold, from November through March.

15. What if I have a medical emergency while at the ReUnion?

Please bring any prescription and over-the-counter medications that you may need. A hospital with 24-hour emergency room facility is located 7 miles from the Ancient Yoga Center. Contact information is posted in all rooms.